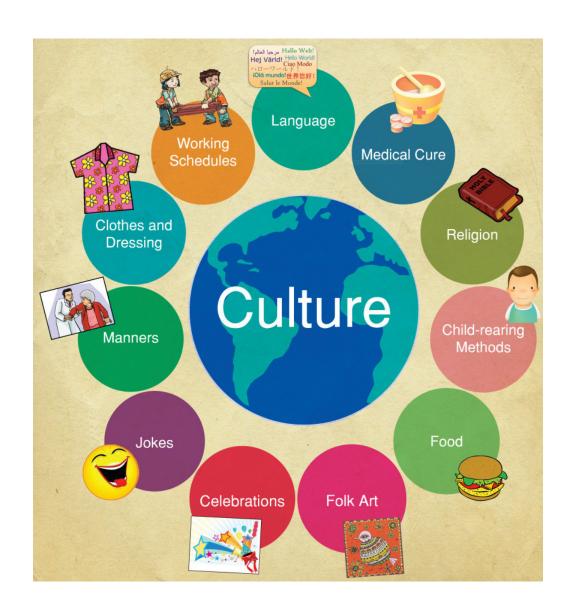
Cultural Shock: Tales of an Expat Entomologist



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Culture





What is cultural shock?

Anxiety and feelings of surprise, disorientation, confusion, felt when people have to operate within an entirely different cultural or social environment, such as a foreign country

Preparing yourself



Interactive Culture Map



http://erinmeyer.com/tools/interactive-culture-map-exhibit/

Overcoming culture shock



It's okay!



Living abroad



Resources

- Fullbright's Foreign Fellows Handbook: Guide to Living and Studying in the United States
- Interactive Culture Map:
 http://erinmeyer.com/tools/interactive-culture-map-exhibit
- The International Education website:
 http://www.internationalstudent.com/study_usa/way of-life/culture-shock

Thank you!

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