CONGRESSIONAL MEETINGS GUIDE

Every constituent has the constitutional right to engage and communicate with their Congressional Representatives. Meeting with your Representative or Senator will raise the profile of issues you care about and help develop relationships with the Member and legislative staff. These advocacy exercises will help science to play a more prominent role in the decision-making process and may result in increased funding for scientific research, improved regulations, and the implementation of other policies that benefit entomology.

HOW TO SCHEDULE A CONGRESSIONAL MEETING

Washington, DC
1) Locate the contact information for your Representative at http://www.house.gov and for your Senators at http://www.senate.gov.
2) Contact the Member’s scheduler in the Washington, D.C. office and request a 15 minute meeting. Be sure to include your name, affiliation, the names of the other people attending the meeting, and the purpose of the meeting. The request should be made three to four weeks in advance of the proposed meeting. If you do not receive a response after one week, remember to follow up.
3) Select a date when you will be in Washington, DC, and when Congress will not be in recess.
4) If the Member of Congress is unavailable, ask for a meeting with the legislative assistant who handles science, agricultural, or health issues as appropriate.

State/District
1) Locate the contact information for your Representative at http://www.house.gov and for your Senators at http://www.senate.gov.
2) Select a date when Congress is in recess, which is when your Representatives and Senators will be at home.
3) Contact the Member’s scheduler in the district office and request a 15 minute meeting. Be sure to include your name, affiliation, the names of the other people attending the meeting, and the purpose of the meeting. The request should be made three to four weeks in advance of the proposed meeting. If you do not receive a response after one week, remember to follow up.
4) Alternatively, invite the Member of Congress to your lab, facility, or a special function. Contact your institution’s government relations officer for assistance with this.
5) If the Member of Congress is unavailable, ask for a meeting with the District Director.

DURING THE MEETING

DOs
- Wear business or business casual attire and bring business cards.
- Research the Member of Congress and his or her stance on pertinent issues in advance. Determine whether or not they sit on a relevant congressional committee, including the House or Senate Appropriations Committee.
- Be on time or, better yet, arrive early.
• Discuss your science in lay terms and express its local impacts; avoid using acronyms, jargon, or abbreviations. Hit your talking points early in the conversation and to stay on message.
• Engage in a conversation and ask questions; be polite.
• Be cognizant of the Member’s and the staff’s tight schedules and limited time availability.
• Have an “ask” for the Member of Congress. This may be asking him or her to sign on to a letter, support a specific bill or position, etc.
• Offer yourself and your expertise as a resource.
• Invite the Member of Congress to your lab or institution.
• Follow up within 48 hours with a thank-you email. Follow up later, as appropriate, with an invitation to your institution. Stay in touch as relevant issues arise.

DON’Ts
• Wear jeans, t-shirts, or sandals.
• Lecture at the Member of Congress and his or her staff or engage in a debate; be negative.
• Continue the conversation if it has naturally come to an end.
• Provide long, technical documents to read.

FEDERAL versus NON-FEDERAL EMPLOYEES

Federal Employees
Meeting with your Representative and Senators is permitted. However, you cannot advocate for specific funding levels. Instead, highlight your science and its local impacts, implying that funding for your work is critical. Additionally, meeting with a Member of Congress must occur during unpaid leave or vacation time—it cannot be conducted during paid time or sick leave. If you have questions or concerns, contact your agency’s congressional affairs liaison.

Non-Federal Employees
Even if you receive funding via a federal grant, you may advocate for specific funding levels. If your employer is a university or research institution, you may have a government relations officer who can assist you in scheduling a meeting or inviting your Representative and/or Senators to your institution.

If you have further questions, please contact Karen Mowrer at Karen@lewis-burke.com.

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